

二零二零年四月四日(星期六)



## 默想經文

### 馬可福音十 32-34

32 他們行路上耶路撒冷去。耶穌在前頭走，他們很驚訝，跟從的人也害怕。耶穌又叫十二使徒來，把自己將要遭遇的事告訴他們，

33 說：「看哪，我們上耶路撒冷去，人子將被交給祭司長和文士；他們要定他死罪，又交給外邦人。

34 他們要戲弄他，向他吐唾沫，鞭打他，殺害他；三天後，他要復活。」

## 反省

你是否已預備好與主同走十字架路？

## 禱告

親愛的主耶穌，感謝祢為愛我們，甘願走上十字架的道路，忍受被戲弄、

羞辱、鞭打、受死，三日後復活，為我們留下美善的榜樣。求祢幫助我們緊緊跟隨祢，將一切全獻給祢，無論在任何環境中，仍努力去完成祢托付的使命，宣揚耶穌基督十字架的大愛和見證祂復活的大能。

## 詩歌

### 《Behold The Man 是祂甘願》

曲、詞：Jimmy Owens 中文譯詞：劉永生

<https://www.youtube.com/watch?v=jso87A6ZA6o>

是祂甘願傷痛滿身，披荊棘冠冕。

Behold the Man, wounded and bruised, crowned with thorns.

受盡凌辱被拒絕，仍願接受藐視罵咒。

He was despised, rejected; He was despised, and rejected.

是祂甘願擔當哀愁，時刻對悶煩。

Behold the Man, Man of Sorrows, acquainted with grief.

然而人類還錯誤地，無視救主這大愛。

We hid our faces from Him; we hid our faces from Him.

人人無知，不信這是神愛大能，然而耶穌基督今已代我受刑，

We did not know that it was for our sins He died; That for us the Son of God was crucified;

是為我甘心擔當苦與傷，全為愛受死也是願意。

That in love He bore our sorrow and pain, And in love He willingly suffered.

是祂甘願，不發一言，擔我罪刑。

Behold the Man, suffering in silence, bearing our shame.

然而人未能確認，愚昧拒絕這大愛。

We hid our faces from Him; we hid our faces from Him.

原來耶穌遵照父神慈愛旨意，來全心要拯救世上眾罪人。

We did not know that this was God the Father's plan,

Born of love to bring redemption down to man,

人如信靠基督真福音，能獲救免受死去盡罪疚。

That in love He gave His only Son so that we might be forgiven.

是祂來到，要救世界眾生，釋放罪奴，

Behold the Man, risen in glory, coming to reign.

命斷在十字架上，更復生永活萬世，

By the Father exalted, crowned with glory and honor.

又再來到，蓋過帝君高過主宰。

Behold the Man, King of Kings, and Lord of Lords.

快同來歌頌，基督主至聖，要作主，治萬世到永生。

Through all creation Jesus Christ is Lord. He is Lord! He is Lord! He is Lord!

